

BEST CPAP MASKS BY SLEEPING POSITION

The best CPAP mask seals tightly while fitting comfortably throughout the night. The right one **for you** not only depends on your therapy needs, but also your typical sleeping position.

BEST CPAP MASKS FOR SIDE SLEEPERS

NASAL OR NASAL PILLOWS MASKS

These masks offer more movement and flexibility as you shift and move your face on your pillow throughout the night.

**Recommendation
For Side Sleepers**

**Fisher & Paykel
Evora Nasal Mask**



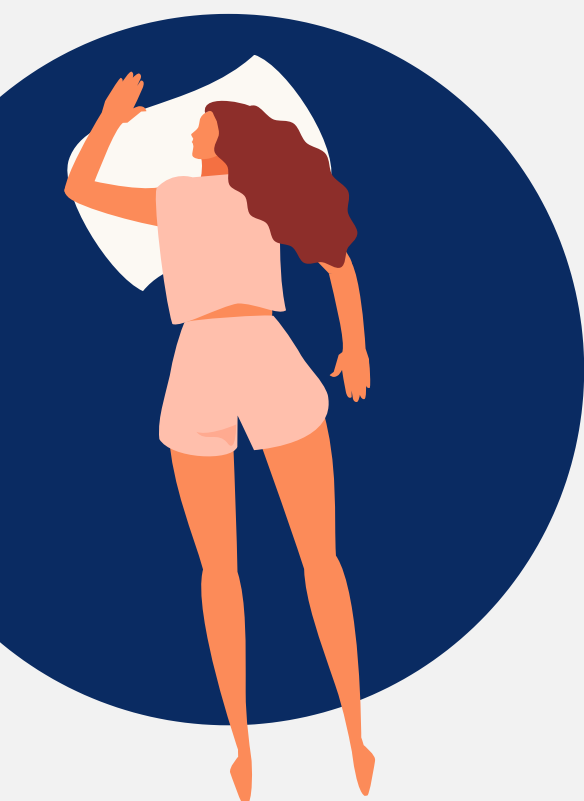
BEST CPAP MASKS FOR STOMACH SLEEPERS

NASAL PILLOWS MASKS

These masks offer minimal touchpoints, reducing risk of losing seal while you sleep with face pressed into pillow.

**Recommendation
For Stomach Sleepers**

**ResMed AirFit P10
Nasal Pillows Mask**



BEST CPAP MASK FOR BACK SLEEPERS

ANY TYPE OF CPAP MASK

Back sleepers have the most options. Just make sure buckles, hoses and straps aren't found on the back of the headgear.

**Recommendation
for Back Sleepers**

**Resmed AirTouch
F20 Full Face Mask**



WORK WITH YOUR DOCTOR TO ENSURE YOU GET A CPAP MASK SUITED TO YOUR UNIQUE SLEEPING POSITION AND THERAPY NEEDS.

